

DO'S

- DO prepare a sign at the top of your poster indicating the abstract number, title of the presentation and its authors and institutions. The lettering for this sign should be at least 2.5 cm high.
- DO use block lettering (at least 1.25 cm high) for other portions of your presentation to add emphasis and readability.
- DO post a reproduction of your abstract in the right upper corner of the board using a large type script (using Bulletin typewriter).
- DO make all illustrations beforehand. Keep illustrative material simple in using charts, graphs, drawings and pictures. Keep in mind that your illustrations must be read from a distance of about 1 – 1.5 m or more.
- DO use matte (silk) finish for photographs as this will help diminish problems.
- DO make captions brief, labels few and make both clear.
- DO make posters as self-explanatory as possible.
- DO provide descriptive handouts if useful to attendees.

DONT'S

- DO NOT mount poster on heavy board, thus avoiding hanging problems.
- DO NOT use projection equipment (projectors are not supplied).
- DO NOT write or paint on the poster board as background for your poster.
- DO NOT use sticky tape to mount poster material (this will damage the poster board).

Suggestions for the Construction of a Poster

Some materials you may wish to use are:

- Felt tip markers and pens.
- Construction paper in assorted colours (for borders etc., to give emphasis).
- Ribbon, string.
- You may wish to have handouts prepared to take with you to the meeting.

C) Posters Without Presentation (P) Guidelines

The quality of the meeting is extremely dependent on the way you present your work.

The ESPU scientific Committee would like to remind you of a few key points:

- Make your poster visually interesting, but not overelaborate.
- Put your poster on the assigned poster board in the ESPU Poster Area during the entire congress.
- Stick to an easy to understand format: usually abstract methods, results and conclusions.